

Chapter 5

Moses reminded the people of the Ten Commandments:

1: I am the Lord your God.

Do not worship anyone or anything else.

2: Use my name with respect. Do not insult my name.

3: Make the Sabbath a holy day each week.

4: Honor your father and your mother.

5: Do not kill.

6: Do not commit adultery.

7: Do not steal.

8: Do not tell lies about other people.

9: Do not lust after someone else's wife.

10: Do not desire what belongs to someone else.

Dear God, please help us
to put these commandments into practice

Chapter 6

Moses continued his speech to the people:

"Listen Israel. You shall love the Lord your God with all your heart, with all your soul and with all your strength.

Let these words I urge on you today be written on your heart.

You shall repeat them to your children and say them when you are resting in your house or going for a walk, when you are lying down and when you get up.

You shall fasten them on your hand as a sign and on your forehead as a circlet.

You shall write them on the doorposts of your house and on your gates."

Dear Lord, please help us to love you with all our hearts