

## Chapters 57, 58

Tell my people their faults, tell the House of Jacob its sins.

Tell them that their fasting is a sham.

Fasting and injustice cannot go together.

This is the sort of fast that pleases the Lord:  
breaking unjust fetters, sharing your bread with the hungry,  
sheltering and clothing the homeless poor.

Do this and you will find healing and peace.

Do this and the Lord will give strength to your bones.

Lord, please help me do more to help poor people

## Chapter 60

Arise, shine out, for your light has come.

The glory of the Lord is rising on you,  
though the rest of the world is still in darkness.

The nations come to your light  
and kings to your dawning brightness.

People from other lands are coming to you,  
bringing gold and incense  
and singing the praise of the Lord.

No more will the sun give you daylight,  
nor moonlight shine on you,  
for the Lord himself will be your everlasting light.  
Then your days of mourning will be ended.

Lord Jesus, you are the light of the world.  
Please give more light to my life