

## Chapters 25 – 28

Happy the husband of a really good wife.

A good wife is the joy of her husband.

Do not praise a person before they have spoken.

A person's speech reveals what sort of person is speaking.

Among stupid people look for an opportunity to leave,  
but among thoughtful people take your time.

Sarcasm and abuse are the mark of an arrogant person.

Resentment and anger are bad for everyone.

Forgive others if they have offended you.

Then when you pray, your own sins will be forgiven.

Avoid quarrelling and losing your temper.

Do not let your mouth speak scandal.

Lord, please give me the wisdom to control my speech

## Chapters 29 – 31

Help others in their time of need.

When people ask you for help, do not turn them away.

Do not let your children grow up wild.

Teach them self control and self-discipline  
from their earliest years.

Good health is better than silver and gold.

Better to be poor and healthy than rich and sick.

Do not give in to brooding and fretting  
when things go wrong.

Even in the saddest situation,  
look for light at the end of the tunnel.

Avoid jealousy and anger.

Jealousy and anger will shorten your life.