

Avoid gossip and slander.
Be someone who can keep a secret.

The way people dress tells you what work they do.
The way people walk also tells a lot about them.

Lord, please help me turn my back on wrongdoing.
Help me face towards you

Chapters 20 – 23

People who foolishly talk too much become unpopular.
Wise people know when to speak and how much to speak.

The talk of a foolish person is like a load on a journey.
The talk of a wise person is a pleasure to hear.

Lord, do not give me proud eyes.
Do not let lust take control of my life.

Do not let my mouth use coarse and foul language.

Help me avoid sins of impurity, alone or with others.

Lord, please give me the wisdom
to avoid bad talk and bad actions

Chapter 24

Wisdom speaks:

"From eternity, in the beginning, God created me.
God sent me to be everywhere on earth.

Approach me, you who desire me.
Whoever listens to me will stay on the road of goodness."

Lord, please help me seek wisdom
and listen to wisdom's voice