

Chapter 3

Let kindness and loyalty never leave you.
Tie them around your neck.

In everything you do, keep God in mind.
He will help you take the right path.

Love God and turn your back on evil.
This will give good health to your body.

Do not refuse a kindness to anyone who asks,
if it is in your power to help them.

Lord, please help us to be kind to everyone

Chapters 4, 5

Acquire wisdom, never forget her.
Do not desert her. She will keep you safe.

Wisdom is life to those who obtain her,
health for the entire body.

Take no notice of a loose-living woman,
go nowhere near the door of her house.

Drink the water of your own cistern,
fresh water from your own well.

Find joy with the wife you married in your youth,
let hers be the love that always holds you captive.

Dear Lord, please give married people
the wisdom to stay faithful to each other