

## Psalm 100

Cry out with joy to the Lord, all the earth.

Serve the Lord with gladness.

Come before him, singing for joy.

Know that he, the Lord, is God.

He made us, we belong to him.

We are his people, the sheep of his flock.

Go within his gates, giving thanks.

Enter his temple with songs of praise.

Give thanks to him and bless his name.

Indeed, how good is the Lord, eternal his merciful love.

He is faithful from age to age.

Dear Lord, please help us to serve you with gladness

## Psalm 101

My song is of mercy and justice. I sing to you, O Lord.

I will try to walk with blameless heart.

I will try to give my attention to what is good,  
not what is bad.

People who slander others, people of proud looks,  
these will not be my friends.

People who are good and do good, these will be my friends.

Dear Lord, please help me to avoid bad company

## Psalm 102

O Lord, listen to my prayer in my distress.

Do not hide your face from me.

For my days are vanishing like smoke,  
my bones burn away like a fire.

I forget to eat my bread. My skin clings to my bones.