

Psalm 51

Have mercy on me, God, in your kindness,
and cleanse me of my sin.

My offences truly I know them.
What is evil in your sight I have done.

But in my defence please don't forget that
sinfulness is part of the human condition, part of our DNA.

A pure heart create for me, O God.
Put a steadfast spirit within me.

Give me again the joy of your help.
With a spirit of fervor sustain me.

Lord, you will not spurn a humbled, contrite heart

Psalms 52 – 60

Lord, I will tell everyone about how good you are.
You are our Creator. Everyone should love you.
Thank you for so often rescuing me from trouble.
You uphold my life.

Sometimes I have so many troubles and cares
that I can't get to sleep.

Sometimes I wish I was a bird
and could fly away to a safe place.

When I fear, I will trust in you, in you whose word I praise.

My heart is ready, O God, my heart is ready.
I will sing, I will sing your praise.

Each morning I will sing of your strength,
and each morning acclaim your love.

O God, please help me to praise and love you every day