

Psalms 35 – 37

O Lord, please save me from people who slander me,
you who rescue the weak from the strong,
you whose love is so precious,
you in whose light we see light.

We believe that if we find our delight in you,
you will grant our heart's desire.

And so we commit our lives to you,
confident you will help us in time of trouble.

**Lord, please deepen our trust in you,
especially in time of trouble**

Psalms 38, 39

O Lord, please forgive my sins and heal me.
Heal my body which is sick because of my sins.
Protect me, Lord, from those who gloat over me
now that I am brought low and unable to help myself.
Lord, you have shown me how short a time I have on earth.
Lord, give me wisdom of heart to live my life better.

Lord, help us understand the meaning of life

Psalm 40

I waited, I waited for the Lord and he stooped down to me.
He heard my cry.

He saved me from distress.

He put fresh hope into my heart.

How many, O Lord my God,
are the times you have helped me.

They are too many for me to describe.

My God, in the depth of my heart I delight in your law.

You do not want external offerings. You want my heart.

**Lord, I offer you my heart, my love.
You deserve all my love**