

### Chapter 3 (1 - 3)

Think of the love  
that the Father has lavished on us  
by letting us be called God's children

And God's love  
has even more in store for us in the future:  
we shall be like him  
because we shall see him as he really is

This is why we must try to live good lives.  
We must try to be as good as Christ.

Jesus, please help me be more like you

### Chapter 3 (16 - 21)

This has taught us love:  
that Jesus gave up his life for us.  
We too should give up our lives for others

If you see someone in need  
and refuse to help him,  
how can the love of God be in you?  
Our love must be put into practice,  
not be just words.

Anyone who loves God  
must also love other people.

Jesus, help me put my love into practice  
by helping people in need