

Chapter 4 (3 - 5)

You spent enough time in the past
living a careless life, behaving indecently,
drinking all the time, having wild parties

Now that you don't do these things anymore,
people can't understand why you've changed,
and they tell lies about you

They will have to answer for this to him
who will judge everyone at the end of their lives.
Jesus, rescue young people from wild party life

Chapter 4 (13 - 19)

If you have a share in the sufferings of Christ,
be glad, because this means you will have an
extra share of happiness in the life to come

It is a blessing for you when they insult you
for being a Christian. It means you have
the Spirit of God resting on you

People who experience suffering for God's sake,
must trust themselves to the grace of the Creator,
and keep on doing good.

Jesus, give strength to persecuted Christians