

## Chapter 2 (19 - 22)

In God's Church you are not foreigners. You are citizens. You are part of a building that has the apostles and prophets for its base

Christ Jesus himself is the foundation stone.  
You are being built into a house where God lives.

Jesus, be the foundation stone of my life

## Chapter 3 (14 - 21)

This is what I pray, kneeling before the Father from whom every family, whether spiritual or natural, takes its name:

May he give you power through his Spirit for your hidden self to grow strong.  
May Christ live in your hearts through faith

Planted in love and built on love,  
may you continually focus on the love of Christ,  
until your life is filled with that love

Glory be to him whose power working in us,  
can do infinitely more than we can ask or imagine.  
Glory be to him from generation to generation  
in the Church and in Christ Jesus  
for ever and ever. Amen.