

Chapter 4 (15 - 19)

You now have many people teaching you about Christ, but remember that it was I who introduced you to Jesus and his Good News. Imitate my example, the way I live the Christian life.

Jesus, help me be a good example to other people

Chapter 5 (8 - 11)

Get rid of all evil and wickedness from your life.

Replace them with sincerity and truth.

People who do wrong will not inherit the kingdom of God: people of immoral lives, idolaters, adulterers, catamites, sodomites, thieves, usurers, drunkards, slanderers and swindlers.

Some of you were like that once, but now you have been washed clean and sanctified by Jesus Christ and his Spirit.

Jesus, help me avoid doing bad things.

Help me do more good things

Chapter 6 (18 - 20)

We should respect our bodies as a gift from the Lord. Our bodies are not meant for fornication.

Avoid sexual activity that avoids commitment.

Your body is a temple of the Holy Spirit who lives in you. Let people know that your body is not something to be profaned.

Jesus, please help me avoid sex outside marriage