

Chapter 6 (42 - 51)

The people criticized Jesus saying "We know his father and mother. How can he say he has come down from heaven?"

Jesus replied "I am the bread of life

If you eat this bread which has come down from heaven, you will live forever. I am the living bread which has come down from heaven

Anyone who eats this bread will live for ever. And the bread that I will give is my flesh, for the life of the world"

Jesus, living bread come down from heaven, please help me understand how you give your flesh for the life of the world

Chapter 6 (52 - 58)

The people said among themselves "How can this man give us his flesh to eat?"

Jesus replied

"If you refuse to eat my flesh, and drink my blood, you will not have life in you. Anyone who does eat my flesh and drink my blood, has eternal life.