

Chapter 3 (1 - 3)

Think of the love
that the Father has lavished on us
by letting us be called God's children

And God's love
has even more in store for us in the future:
we shall be like him
because we shall see him as he really is

This is why we must try to live good lives.
We must try to be as good as Christ.
Jesus, please help me be more like you

Chapter 3 (16 - 21)

This has taught us love:
that Jesus gave up his life for us.
We too should give up our lives for others

If you see someone in need
and refuse to help him,
how can the love of God be in you?
Our love must be put into practice,
not be just words.
Anyone who loves God
must also love other people.
Jesus, help me put my love into practice
by helping people in need