

Chapter 3.20 - 4.1

Our homeland is in heaven. We wait for the Savior from heaven who will transfigure these wretched bodies of ours into copies of his glorious body. He will do this by the same power he has as C.E.O. of the universe. So, do not stop running, but remain faithful in the Lord.

Jesus, please increase my longing for heaven

Chapter 4 (4 - 9)

I want you to be happy, always happy in the Lord. Let your tolerance be evident to everyone.

If there is anything you need, with prayer and thanksgiving ask God for it.

Fill your minds with everything that is true, everything that is noble, everything that is good and pure, everything that is worthwhile.

Then the God of peace will be with you.

Jesus, please fill my mind with good things

Chapter 4 (11 - 20)

I have learnt how to manage on whatever I have.

I am ready for anything anywhere:

full stomach or empty stomach, poverty or plenty.

There is nothing I cannot master with the help of the One who gives me strength.

I thank you my friends for supporting me financially, especially when I was in great need.

Jesus, please bless everyone who has helped me in any way since the day I was born