

Be very careful about the sort of life you live.
Follow your enlightened mind, not your unruly
passions. Avoid drunkenness.
Instead, be filled with the Spirit

Sing prayer songs when you are together, and
when you're by yourself, keep on singing to the
Lord in your heart, always giving thanks to God.
Jesus, make my heart sing right through the day

Chapter 5 (21 - 33)

In your families, treat each other
as Christ wants you to:

Wives, in your husbands see Christ the head of
the Church. Husbands, love your wives as Christ
loves the Church.

When men and women get married, they become
one body. This sacred action helps us understand
the relationship between Christ and the Church.

**Jesus, please help husbands and wives
to love each other the way you love the Church**

Chapter 6 (1 - 9)

Children, be obedient to your parents.

Parents, never drive your children to resentment.

Slaves, respect your employers.

Employers, treat your workers fairly

Jesus, please help me treat everyone with respect