

Chapter 5 (1 - 6)

When Christ freed us, he meant us to remain free. Stand firm then and do not return to a life of slavery to Jewish Law

As a Christian, it doesn't matter if you are circumcised or not. What matters is faith that is put into loving action.

Jesus, please help people whose lives are being damaged by unreasonable religious laws

Chapter 5 (13 - 15)

Serve one another in works of love, since the whole of the Law is summed up in the command "Love your neighbor as yourself".

If you go in for non-stop criticism and personal attacks, you will destroy the church community.

Jesus, help me avoid unfair/unnecessary criticism of other people

Chapter 5 (19 - 26)

When self-indulgence is at work, the results are obvious: sexual irresponsibility, sorcery, feuds and wrangling, jealousy and drunkenness

What the Spirit brings is very different: love, joy, peace, patience, kindness, goodness, truthfulness, gentleness and self-control