

Chapter 9 (12 - 27)

I put up with anything, rather than obstruct the Good News of Christ in any way. I make myself all things to all people, in order to save some

All the runners at the stadium are trying to win, but only one of them gets the prize. You must run in the same way, meaning to win the gold medal of eternal life. That is how I run, intent on winning. Therefore I try to stay in top condition, avoiding sloppy living.

Jesus, may I run a good race till my last day

Chapter 10.16 - 11.1

The cup that we bless is a communion with the blood of Christ. The bread that we break is a communion with the body of Christ.

Avoid anything to do with idol worship.

It doesn't make sense to share in the table of the Lord and in the table of demons.

Whatever you eat, whatever you drink, whatever you do at all, do it for the glory of God. Never do anything offensive to anyone. Try to be helpful to everyone at all times, not anxious for your own advantage, but for the advantage of others, so that they may be saved.

Take me for your model, as I take Christ.

Jesus, please help me imitate you in my daily life